

My Plate - Writing Assignment



Write a paragraph about how you will get your plate in shape:

A large, semi-transparent MyPlate diagram is centered on the page. The plate is divided into five sections: a red section for "Fruits", an orange section for "Grains", a green section for "Vegetables", a purple section for "Protein", and a blue section for "Dairy". To the right of the plate is a separate blue circle with the word "Dairy" written inside. Ten horizontal black lines are drawn across the page, providing space for writing a paragraph. The lines are positioned over the plate diagram and the "Dairy" circle.

